

Rome and Ride for teen agers 7-days/6 nights

If you are looking for a riding holiday for teen agers (12-17 years old) that combines the magical city of Rome with some truly fabulous riding in the Italian countryside and you like the idea of staying at a beautiful house farm then please read on. Located a 45 km from Rome our splendid house farm has a wonderful location , a well run stables with professional instruction and miles of breath-taking trail riding , a tennis a football court and a summer swimming pool. The magical and historic city of Rome speaks for itself!

PROGRAMME

Day One

Afternoon Arrival. Transfers to the House farm from the airport with mini bus. After checking in you will be served with a welcome drink and then receive a briefing from your guide/instructor who will be looking after you throughout your stay. Horse riding.
Evening Dinner at the house farm, group games.

Day Two

Morning Horse riding. Lunch at the house farm.
Afternoon Transfers to Rome from The House farm with mini bus. Guided visit of the Coliseum. After touring the Coliseum we will walk across to the Forum. Finally, climb to the top of the Vittoriano from which you could enjoy the wonderful views of Rome. Transfers to The House farm from Rome with mini bus.
Evening Dinner at the house farm, Karaoke night

Day Three

Morning Horse riding. Lunch at the house farm.
Afternoon Transfers to Monte Gelato falls from The House farm with mini bus. The Treja Adventure Park with courses for tree-climbing. Transfers to The House farm from Monte Gelato with mini bus.
Evening Dinner at the house farm, visit to Civita Castellana.

Day Four

Morning Horse riding. Lunch at the house farm.
Afternoon Transfers to Rome from The House farm with mini bus. Visit the Vatican, its museum and the Sistine Chapel, most famous for Michelangelo's paintings. Continue by St Peter's Square and enjoy the splendour of the Basilica To finish the visit ,move underground and Visit the Tomb of Pope John Paul II. Transfers to The House farm from Rome with mini bus.
Evening Dinner at the house farm, masquerade party.

Day Five

Morning Horse riding. Lunch at the house farm.
Afternoon Transfers to Vico's lake from The House farm with mini bus. Canoe tour on the lake. Transfers to The House farm from Vico's Lake with mini bus.
Evening Dinner at the house farm, talent show.

Day Six

Morning Horse riding final competition. Lunch at the house farm.
Afternoon Transfers to Rome from The House farm with mini bus. Walking tour to the Trevi Fountain, the Pantheon and the Spanish Steps. Shopping time.
Evening Dinner at restaurant in Rome. Transfers to the House farm from Rome with mini bus.

Day Seven

Morning Departures. Transfers to Rome airport from The House farm with mini bus.

Horse riding

Teens will ride in groups of ability but this holiday caters for complete beginners who will start on the lead-rein to more experienced riders. Who starts for the first time, will learn how to handle the pony or a horse safely including tying-up and leading it. A typical day consists of feeding and grooming the horses and ponies, tacking up, and approximately 1,5 hours riding with experienced instruction. All lessons are taught by Marco Calderini Nannerini who is a F.I.S.E. (Federazione Italiana Sport Equestri) Instructor. The riding will be a mixture of lessons, hacks and walkabouts through the beautiful woodland and along the farm tracks. There is one outdoor arena and lessons are available for all levels in both dressage and jumping.

Additional Activities

After riding teens will be able to enjoy a wide range of activities including, games, ball games and walks, so the day and evening are as full as their want them to be. The teens will be supervised at all times during the day and evening and there will always be someone in the farmhouse to care for them. Parental consent is required for swimming, or any off-site trip. Facilities at the house farm include:

- Swimming pool (01st June - 30th September)
- Tennis court
- Mountain bikes
- Mini football Pitch
- Volleyball
- Ping pong
- Billiards

Accommodation

House farm building:

The house farm "Le Forre del Treja" adjacent to the riding centre was newly built in 1999 as accommodation for guests coming for holidays. The first floor has a very large dining room, games room, TV room and a restaurant kitchen and bathrooms. At the second floor, 7 multi bedded rooms are comfortable and spacious with single and bunk beds... great fun for teens groups all have shower ensuite bathrooms or with separate shower room. A choice of 3,4 or 5 beds.

Apartment(s)

Villa Carlotta's near the Riding Center 3 Room sleeps 4 single, with ensuite shower, air conditioned, kitchenette and TV.

Wooden bungalow (s):

(15 June-1 September)

2 Wooden bungalows inside the riding centre spacious with single and bunk beds... great fun for teens groups with separate shower room. A choice of 3, 4 or 6 beds.

Meals

The kitchen offer large buffet breakfasts and varied lunches and dinners designed to satisfy all students based on our experience with camps programmes since 2000. Meals are prepared with fresh products coming directly from organic production of the farm. Menus are well balanced and tailored to the youngsters' needs, Italian dishes are normally prepared. The chefs will prepare a variety of meals that also cater for the special needs of each individual (e.g. Vegetarian diet, European diet, Religious diet, etc).

Rates of the Holiday from 1100 €pp (min 6 persons)

Included in the Price:

- 6 night accommodation Sheets, Towels, Room service / Cleaning
- Full board
- Welcome drink.
- 6 Horse riding lessons as described above
- Multi-lingual guide for Rome.
- Insurance
- All the transfers included the ones from and towards the airport.
- Treja adventure and canoe activities

Not Included in the Price:

- extra fizz drinks
- Coliseum, Forum, Vatican Museum and St Peter Entrance
- Dinner in Rome Restaurant
- Riding equipment (boots and gloves)



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